

PROGRAM OVERVIEW

The MC3 program offers psychiatry support to primary care providers in Michigan who are managing patients with behavioral health problems. This includes children, adolescents, young adults through age 26, and women who are contemplating pregnancy, pregnant or postpartum (up to one year). Psychiatrists are available through same-day phone consultations to offer guidance on diagnostic questions, medication recommendations, and appropriate psychotherapy. Your local MC3 Behavioral Health Consultant is also available to provide recommendations for local resources.

Program Components:



Consultation

- Same-day and scheduled psychiatry telephone consultation
- Behavioral health consultant guidance and resource linkage
- Scheduled group case consultation for providers
- Sub-specialty expertise for medical co-morbidities, perinatal mood disorders, early childhood trauma, and other complex diagnoses



Clinical Services

- Telepsychiatry evaluation available for patients in-home and video based
- Integrated behavioral health services in select clinics
 - Care coordination
 - Psychoeducation
 - Brief intervention
 - Collaborative care model for pediatric and perinatal practices



Education

- Webinars broadcasted monthly on pediatric and perinatal behavioral health topics (CMEs available)
- Live and remote trainings offered regionally and statewide on topics requested by providers
- Recorded learning modules, resources and tools available on MC3 website
- Education and support for screening and follow-up
- Practice workflow analysis to better integrate screening, care coordination, and MC3 services

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