

Guide for Providers Using MC3 Perinatal

MC3 Perinatal offers no-cost psychiatry support to perinatal providers in Michigan who are caring for people who are contemplating pregnancy, pregnant, or postpartum (up to one year). Perinatal psychiatrists are available through same-day phone consultations to offer guidance on diagnostic questions, safe medications in pregnancy and while breastfeeding, and appropriate psychotherapy.

How do I request a consultation?

Call Monday through Friday, 9 am - 5 pm EST, excluding holidays. Regional phone numbers and online form to submit consultations can be found on the [MC3 website](#).

Can I contact MC3 Perinatal for crisis services?

No. MC3 is not an emergency service. Emergency consultations over the phone or in person are not provided. If a provider calls about a case requiring an urgent intervention, the Behavioral Health Consultant (BHC) can offer appropriate local resource recommendations.

What happens when I contact MC3 Perinatal?

The provider or any clinic staff with knowledge about the patient can initiate a consultation. Consults can be submitted either by phone or online; regional phone numbers and a secure online form are available on the [MC3 website](#). Next, the BHC triages the consult request and provides resources. After that, an MC3 Psychiatrist will respond to the request same-day and provide a consultation to the provider. A consult summary is then sent to the provider.

Who can access MC3 Perinatal?

Perinatal providers in Michigan are eligible to participate in the program. This includes MDs, DOs, NPs, PAs, and CNMs in family medicine, OB/Gyn, and psychiatry practices. Nonprescribers are not required to formally sign up; they can participate in educational trainings, access resources, and utilize BHCs for referrals and local resources. MC3 Perinatal is free to all providers.

Can patients contact MC3 Perinatal?

No. The MC3 Perinatal phone line is only for providers; patients should not call MC3 Perinatal.

When might a provider request a consultation with an MC3 Perinatal Psychiatrist?

- When they have questions regarding best-practices for management of pregnant and postpartum patients with mental health concerns (e.g., detection, assessment, and treatment of depression)
- When they would like to request a telepsychiatry patient assessment with an MC3 Perinatal Psychiatrist

What else does MC3 offer?

Providers also have access to the following: live and remote trainings offered regionally and statewide; workflow analysis to better integrate screening, care coordination, and MC3 services; local and regional behavioral health resource and referral navigation; and scheduled educational group case consultation with an MC3 Psychiatrist.

How do I sign up?

Visit the [MC3 website](#) to sign up.