

# MC3 ECHO: Behavioral Health

You have spoken and we hear you. Primary Care Providers in Michigan communities are frustrated with the lack of access to specialty-level treatment and are treating complex behavioral health conditions.

In response to these intense and ongoing challenges, we are offering an ECHO® (Extension for Community Health Outcomes) program for providers who are seeking guidance and support when treating children, adolescents and perinatal patients with complex behavioral health concerns.

ECHO is a telementoring platform that leverages video conference technology to connect subject matter experts with primary care teams in local communities, fostering an “all teach, all learn” approach.

During the ECHO sessions learners will gain skills needed to identify, triage and treat behavioral health concerns in patients in the primary care setting. After completing this activity participants will be able to determine the mental health needs of their patients and offer the appropriate evidence-based treatment to their patients.

## Benefits of participating:

- No cost
- Free CME credits
- Easily accessible from anywhere
- Support managing complex patients
- Case-based learning
- Guidance on behavioral health from U-M and MSU experts
- Provide best practice of care

## WHO

- Community Providers
- Physicians
- Nurses
- Physician Assistants
- Social Workers/  
Integrated  
Behavioral Health  
Clinicians

## WHAT

**Telementoring that combines a brief didactic presentation with interactive case-based presentations**

## WHEN

**Six virtual sessions, twice a month, 12:15-1:15 p.m. ET**

| Date         | Topic  |
|--------------|--|
| September 14 | Treating Disruptive and Aggressive Behavior in Youth |
| September 28 | Somatic Symptom Disorder vs. Anxiety vs. GI          |
| October 12   | Treating Complex Depression in Youth                 |
| October 26   | Identifying and Treating Psychosis in Youth          |
| November 9   | Youth Substance Use                                  |
| November 30  | Assessing Suicide Risk in Youth                      |



**MICHIGAN MEDICINE**  
UNIVERSITY OF MICHIGAN

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## Meet the MC3 ECHO Team



### ECHO Facilitator

Lia Gaggino, M.D.  
Pediatrician



### ECHO Lead and Subject Matter Expert

Sheila Marcus, M.D.  
Clinical Professor  
Clinical Director of the Child and Adolescent Psychiatry Section  
U-M Department of Psychiatry



### ECHO Lead and Subject Matter Expert

Richard Dopp, M.D.  
Clinical Associate Professor  
U-M Department of Psychiatry



### ECHO Project Coordinator

Erin Hughes-Krieger, LMSW  
Project Manager for MC3  
U-M Department of Psychiatry

## Learning Objectives

- Equip providers with the ability to better recognize and diagnose mental and behavioral health symptoms and disorders in their patients.
- Increase knowledge in evidence-based treatment including therapy and prescribing psychiatric medications for patients experiencing mental and behavioral health symptoms.
- Provide case consultation and peer mentorship to enhance the learning and understanding of behavioral health conditions as they are experienced by children and families in Michigan.

**Register**  
(click here)

**Questions?** Contact the MC3 Program Team at [mc3-admin@med.umich.edu](mailto:mc3-admin@med.umich.edu).

**Accreditation and Credit Designation:** The University of Michigan Medical School is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The University of Michigan Medical School designates this live activity for a maximum of 1.00 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The University of Michigan Eisenberg Family Depression Center is an approved provider with the Michigan Social Work Continuing Education Collaborative. Approved Provider Number: MICEC-0063 This course is approved for 1 CE clock hour.